

## Scarlet - Year 11

## Who are they?

Allied Health Mentor is a national healthcare organization run by health professionals from across the UK. A few careers they specialize in are nursing midwifery and occupational therapy but have many more to offer within the sessions they have. If you don't feel like going into a healthcare career, they also have Medic Mentor for doctors, Vet Mentor for vets and Dental Mentor for dentists.

## What is it about?

This opportunity is all about learning the different job roles within the healthcare field, this may help you further reinforce what you would like to do in the future, but it can also help you decide your future career. They do this by creating real emergencies acted out by experienced actors and explained by educated professionals. Even if you don't feel interested in the healthcare field fully there are many other skills incorporated such as making prosthetic limbs which require knowledge of engineering and design. There is also a place for you if you have an interest in sports by being a physical therapist who helps people regain strength in limbs through physical exercise.

## How is it set out?

The work experience days are split up into six different sessions, all seven hours long from 10am to 5pm, this takes dedication to be there every session for this amount of time, but it is worth it to be able to gain the knowledge they share. It will be set up a bit like a school day with 15 to 30 minute breaks and a 30 minute lunch break to help section out the day. After each session you will receive a certificate which will be emailed to the email account you have provided, this normally takes three days to get sent through. Feel free to take notes throughout the sessions to look back on and review your session, there will also be a question box at the side of the livestream if you have anything you want to ask as the day progresses. If not, there are always set questions to answer to test yourself on what you have been taught. During the breaks and lunchtime previously mentioned the allied health care staff will hold live stream on their Instagram account providing extra knowledge on that day's session.

Shay Lane, Halifax, HX2 9TZ tel: 01422 244890 email: contactus@halifax.trinitymat.org web: halifax.trinitymat.org